



**Gaitbelt.com**  
division of Peoria Production Shop

## Please review the following instructions prior to using your belt.

**Purpose:** For use when lifting, ambulating or transferring patients.

### **IMPORTANT!**

The gait belt is not to be used as a safety restraint in a wheelchair, chairs of any kind, or in bed. Before ambulating, transferring or lifting the patient, be certain that you are physically capable of supporting the patient. This is especially important if the patient is heavy. Two caregivers may be necessary for safety purposes. Do not use the belt for any purpose other than those described above. Improper use may result in injury to the patient or the caregiver.

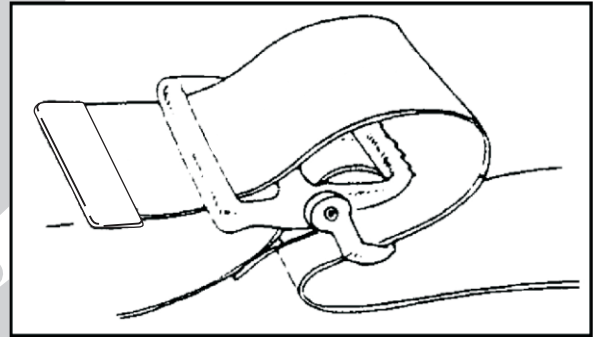
### **Cleaning the Belt**

**Vinyl:** Wipe clean with an approved disinfectant. Always adhere to the policies and procedures established by your organization/facility. Avoid using alcohol based cleaning products on this belt.

**Cotton:** The gait belt may be laundered and dried at temperatures up to 180°F (82°C). Bleaching is not recommended. Do not place the belt in a water extractor as it may damage the buckle.

### **Using the Gait Belt**

Place the belt around the patient's waist only, and not around the patient's chest. Secure the buckle by threading the metal-tipped end through the buckle hinge, over the teeth, and through the slot at the back of the buckle. (See illustration below)



Make certain that the belt fits snugly, at the same time making sure to leave enough room so that you can get both hands around the webbing. Grasp the belt at the patient's back and the patient's right or left side. It is recommended that a right-handed caregiver place his or her right hand on the patient's back, and his or her left hand at the patient's left side. Left-handed caregivers should do the opposite. To achieve your most secure grip, slide hand upwards under the belt with your palm facing away from the patient.

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**A self-supporting not-for-profit  
organization providing employment  
for people with disabilities.**